



October 12, 2018

Mark Your Calendars

Monday, October 15th - **4th & 5th Grade Basketball Home Game vs. Carpenters** - The 4th & 5th Grade Girls Basketball Game will start at 6:00 pm and the Boys Basketball Game will begin at 7:00 pm in the CGIS Gym.

Tuesday, October 16th - **4th & 5th Grade Basketball Home Game vs. Mary Blount** - The 4th & 5th Grade Girls Basketball Game will start at 6:00 pm and the Boys Basketball Game will begin at 7:00 pm in the CGIS Gym.

Thursday, October 18th - **5th Grade Gold House Field Study - Train Ride** - The 5th Grade Gold House students will be going on a train ride in Etowah from 9:15 am until 1:45 pm.

Friday, October 19th - **Grade Cards Go Home**

Please visit our CGIS website at www.maryville-schools.org/cgis to find information regarding all our activities, clubs, school calendar, classroom information, and more.

Parent Alerts for Low Grades

At this time, parents are already receiving alerts via email or a phone call for student attendance and lunch balances through our auto alert system. Starting very soon, parents will also receive Low Grade Alerts, as needed. If your child's average in any class falls into the failing range or becomes an F, you will receive an email to notify you of this. This should allow you to have a conversation with your student and, if needed, contact the teacher for support.

Case 21 Assessments

Students have completed the first Case21 Benchmark for RLA, Math, Science (5-7), and Social Studies (5-7). The Math, Science, and Social Studies tests are based mainly on curriculum already covered. The RLA test covers all the grade level standards. Teachers will be reviewing results with students and using corrective instruction to help with some of the missing skills. If you would like to login and see your student's results, use the following information--- (your student should be able to help you with this process)

- URL: <https://portal.eadms.com/login?ReturnUrl=%2f>
- Student's Username: network username (example--- 23gorgtk)
- Student's Password: student number & MMDDYY (example--- 2427021204)

Digital Citizenship Announcements Week: Device Care 10/12/18

Here are a few words of wisdom regarding digital citizenship. This week, we are focusing on Device Care. Have you ever watched someone else's device fall? Did you have a brief moment of fear while that person had to check to see if his/her device was okay? Dropping your device can be scary, but there are ways to prevent it. At Maryville City Schools, we recommend that each person:

Always carry your device with two hands. Shut the lid of a laptop before you move it to keep it easier to balance. When you set your device down, make sure the area where you are putting it is clear of clutter, flat, and big enough for your device. Caring for your device is easy! Make the right choice.

Health and Safety Alert for Parent- Did you know?

Magnetic Jewelry can be an overlooked danger. Magnetic jewelry that can simulate a piercing is becoming popular among children. Please read the article at the following

link: <http://www.chicagotribune.com/chi-magnetsdec20-story.html?scrlybrkr>

Buyer beware!

SKILLS and LIMITS Program

We are partnering with Helen Ross McNabb to provide Tennessee state mandatory requirements for child and teen safety education in the classroom. The goal of both programs, SKILLS (Supporting Kids in Learning Life Skills) curriculum and LIMITS (Learning Important Messages in Teen Safety) curriculum, is to give students valuable tools they can use in their everyday lives to communicate effectively, form healthy relationships, and safely utilize technology. Each class will have two 45 minutes sessions with the designated counselor from Helen Ross McNabb. This will take place in the classroom on the following dates (2 days for each house):

October 15-18 for 6th grade

November 12-15 for 7th grade

February 22-March 1 for 5th grade

After School Art

Pumpkin Carving Workshop



Tuesday October 23

Forms due by Monday morning October 22

2:45PM – 4:30PM

\$15.00 includes snacks and a pumpkin

Class filled on a first come first served basis. We will only contact you if the class is full.

Return this form and cash or check made out to CGIS to the office or art room.

Name _____

Grade_____ Homeroom teacher_____

Known allergies _____

_____ My student will be picked up promptly at 4:30 in front of CGIS.

_____ My student will go to Adventure Club after art.

_____ My student will walk home

The phone number I can be reached at during this event is _____

Signed _____

Coulter Grove Intermediate School Intramural Program Information 2018

We are excited to announce this year's kick-off of our Intramural Sports/Activities program which will take place at CGIS after school. This is a great opportunity for students to be active in a variety of different activities throughout the school year. Students should be prepared with athletic shoes and dressed for the weather conditions (as our activities and games will take place outdoors). If weather does not permit us to be outdoors, we will have alternate indoor activities available. Outstanding sportsmanship is expected and required—it is the HAWK WAY!

Mondays and Wednesdays – 6th and 7th Grades 2:45 p.m. – 3:45 p.m.

Tuesdays and Thursdays – 4th and 5th Grades 2:45 p.m. – 3:45 p.m.

Fridays – All grades 2:45 p.m. – 3:45 p.m.

Important Note: In order for us to ensure proper supervision, students who are not picked up by 4 p.m. will be taken to the front office or Adventure Club (which is located in the back of the school).

Tentative Schedule and Activities for the first half of the school year:

Please note that there will be NO Intramurals on Wed, Oct 17.

Oct 15-16; 18-19; Oct 22-26; Oct 29-31; Nov 1-2 Miscellaneous Active Games (Four Square, Gaga, etc.)

Nov 5; Nov 7-9; Nov 12-16 Ultimate Bacon/Frisbee

Nov 19-20; Nov 26-30; Dec 3-7 Basketball

Dec 10-14; Dec 17-18; Jan 3-4 Miscellaneous Active Games (Kickball, Castleball, Gaga)

Jan 7-11; Jan 14 Volleyball

Please return this permission slip portion to Coach Dunkel or Coach Tallent and then students may attend after school Intramurals for any activity they wish.

Student name

Grade

Parent/Guardian Signature

I give permission for my child to participate in the Intramural program at CGIS. I will pick up my child promptly at 3:45 p.m. (After 4 p.m., students will wait in the front office or Adventure Club for pick-up.)

Emergency contact numbers

E-mail address

Please list any medical/health information (if applicable): _____

Helping Children Learn®

ELEMENTARY SCHOOL

Tips Families Can Use to Help Children Do Better in School



November 2018

Family Resource Center
Maryville City Schools

Discipline strategies that improve behavior at home and school

All children misbehave from time to time. But disruptive behavior in the classroom makes it hard for students to learn. Creating a productive learning environment takes the combined efforts of teachers, students and families.

To encourage the behavior in your child that will make her an asset to the class:

- **Set positive goals.** Focus on what you want your child to do, not what you want her to avoid doing.
- **Be clear about expectations** and limits. Enforce rules every time.
- **Correct misbehavior simply.** Move close to your child, look her in the eye, and briefly tell her what she should do. Repeat as necessary.
- **Use logical consequences** for misbehavior whenever possible. (If your child throws a tantrum, she's probably tired. She'll have to go to bed earlier to get more rest.)
- **Involve your child in solving problems.** Kids who have helped solve a problem are usually more committed to the solution.
- **Give your child practice making good decisions.** Offer her limited choices—just make sure you can live with all the options.
- **Show your love.** Discipline is an act of love, not a substitute for it. Your child needs to know you love her no matter what she does.



Schedule time to celebrate learning

Pull out your calendar and mark these special days this month to help your child learn about culture, citizenship, tolerance, gratitude and more:

- **Nov. 4—King Tut Day.** Check out a book or go online together to find out about the discovery of King Tutankhamen's tomb on this day in 1922.
- **Nov. 6—Election Day** in the U.S. Talk to your child about the rights and responsibilities of citizenship and why it is important to vote.
- **Nov. 16—International Tolerance Day.** Discuss the importance of being respectful and trying to understand people who have beliefs or viewpoints that differ from yours.
- **Nov. 18-24—National Family Week.** Spend extra time as a family this week. Tell family stories, play games, cook meals and read together!
- **Nov. 22—American Thanksgiving.** Have family members make a list of all the people and things they are thankful for.

Previewing the reading boosts comprehension

When students are reading to learn, it helps to spend a little time previewing the text before diving in. Have your child consider the chapter's title. Does it offer clues about the main idea? What do the subheadings, boldface words, pictures or graphs tell her about what's important in the content?

Source: M. Kelly, "How to Teach Students to Preview Reading Assignments," ThoughtCo., nswc.com/preview.

Cultivate curiosity

Studies show that kids who are motivated to learn by their own curiosity and interests stay motivated longer and achieve more in school. To nurture this kind of motivation:

- **Help your child discover** what interests him. Before he starts a project, have him think about what he wants to learn from it.
- **Ask him to share** what he's learning with you. Show enthusiasm: "What a cool thing to know! Tell me some more!"



Source: L. Campbell, "The Reason Curious Kids Are More Likely to Succeed in School," Healthline, nswc.com/curious.

It's your child's homework

What's the best way to help your child with homework? By supporting her efforts to do her homework herself! This means you can help your child:

- **Manage her time.** Set a daily homework time when your child is most alert.
- **Decide what to do first—** the toughest work, or the easiest? Experiment to see which way works best for her.
- **Understand a concept.** Explain if she asks, but don't do the work for her.



Source: "Help with homework can affect child's persistence," Science Daily, nswc.com/autonomy.

Helping Children Learn®

Elementary School

Tips Families Can Use to Help Children Do Better in School

November 2018



What should I do if my child feels left out at school?

Q: My eight-year-old has recently been saying he doesn't want to go to school. He says he has no friends. How do I handle this?

A: It's not unusual for a child who feels left out not to want to go to school. But you are right to take this seriously. Kids who feel they have no friends may turn to negative or dangerous behaviors as a way of fitting in. Their grades may also begin to drop.

To support your child and help him build the skills he needs to get along with others:

- **Appreciate his honesty.** Many kids are embarrassed to tell Mom and Dad they don't have anyone to play with.
- **Reassure him that you will help him** make the situation better. Be gentle. Kids who feel rejected often feel it is their fault.
- **Ask his teacher if there have been any recent changes** in the classroom that might be affecting your child, such as seating changes or the arrival of a new student. Enlist the teacher's help to find solutions.
- **Find ways for him to meet children** who share his interests. Sign him up for an extracurricular activity he likes. Enjoying the activity with the other kids will make it easier for him to relate to them.



Are you on your child's school team?

Working as a team with the school helps your child get a better education. Decades of research show that kids with involved parents learn more and do better in school. Are you a team player? Answer yes or no below:

- ___ **1. Do you review** all the information your child brings home from school?
- ___ **2. Have you discussed** the school rules with your child? Have you made it clear you expect her to follow them?
- ___ **3. Do you make sure** your child gets to school on time each day, well-rested and ready to learn?
- ___ **4. Have you met** with your child's teacher at least once this year?

- ___ **5. Do you ask** the teacher how you can help if your child is struggling?

How well are you doing?

More yes answers mean you are supporting the school and your child. For each no, try that idea.

"It takes both sides to build a bridge."
—Fredrik Nael

Maintain a healthy balance in your child's schedule

Kids can learn a lot from structured after-school activities. But they also need plenty of free time when they can relax and choose for themselves what to do. This ability to self-direct helps them in school.

Review your child's schedule. Does he have enough time for schoolwork, sleep and playing with friends—and still have some free time? If too many activities are getting in the way, ask him to choose only one or two he really enjoys. He'll be happier and healthier—and he'll do better in school.

Source: J.E. Barker and others, "Less-structured time in children's daily lives predicts self-directed executive functioning," *Frontiers in Psychology*.

Encourage your child to plan for responsibility

If keeping track of assignments and turning them in is a challenge for your child, talk about ways to get organized. Then, ask her to develop a plan. "You're having trouble getting to school with all your homework. Can you come up with a plan that would help you remember? Think about it, and we'll discuss it tonight."



Fitness enhances learning

Getting plenty of daily exercise can improve students' memory and concentration. To add movement to your child's day:

- **Play active games**, such as Tag. Shoot hoops or jump rope.
- **Put on fast music** and do chores to the beat.
- **Limit recreational screen time.**
- **Set an example.** If your child sees you making time for exercise, he may, too.

Source: L. Mongeau, "How a growing number of states are hoping to improve kids' brains: exercise," *The Hechinger Report*, niswc.com/fitkids.

Helping Children Learn®

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Daily Learning Planner

*Ideas parents can use to help children
do well in school*

Family Resource Center
Maryville City Schools



THE
PARENT
INSTITUTE™

November 2018

Daily Learning Planner: Ideas Parents Can Use to Help Children Do Well in School—Try a New Idea Every Day!

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|--|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> 1. Teach your child how to prepare nutritious after-school snacks. <input type="checkbox"/> 2. Find a book or website that describes holidays around the world. Choose a new holiday for your family to observe, or invent one. <input type="checkbox"/> 3. Let your child pick a color and try to spot it everywhere he goes today. <input type="checkbox"/> 4. Resist the urge to schedule all of your child's time. Kids need downtime to think, imagine and play. <input type="checkbox"/> 5. Watch a TV show with your child. Talk about decisions the characters made. What would your child have done? <input type="checkbox"/> 6. Talk with your child about mistakes. Tell her that learning from mistakes makes people smarter. <input type="checkbox"/> 7. With your child, learn more about an interesting news story. <input type="checkbox"/> 8. Have a music-sharing night. Share your favorite music with each other. Talk about how it makes you feel. <input type="checkbox"/> 9. Ask family members to write down two positive things about each member of the family. Read your lists aloud at dinner. <input type="checkbox"/> 10. Help your child make her own dictionary with her spelling or vocabulary words. <input type="checkbox"/> 11. Ask your child to write directions for making a sandwich. Then, follow them exactly. <input type="checkbox"/> 12. Have your child look at a group of various objects on a tray. Then, have him close his eyes and name as many as he can remember. <input type="checkbox"/> 13. Challenge your child to invent something that will make life easier. <input type="checkbox"/> 14. At dinner, discuss the best and the worst parts of everyone's day. Give each family member a turn to share. <input type="checkbox"/> 15. Show your child how to take her pulse. Have her jump up and down 15 times and take it again. Has it changed? | <ul style="list-style-type: none"> <input type="checkbox"/> 16. Talk to your child about ways to resist peer pressure to cheat. <input type="checkbox"/> 17. Have everyone pitch in for a half-hour "blitz" of house cleaning. It teaches children responsibility. <input type="checkbox"/> 18. Suggest that your child write a story from an unusual point of view, such as a birthday party from a present's point of view. <input type="checkbox"/> 19. Ask your child to name his favorite sport. What does he like about it? <input type="checkbox"/> 20. Make a special effort to reinforce manners today. Remind family members to say <i>please</i>, <i>thank you</i> and <i>excuse me</i>. <input type="checkbox"/> 21. Talk with your child about a book she likes. <input type="checkbox"/> 22. Make a list of all the things that make your family thankful. <input type="checkbox"/> 23. Have your child read to you as you're cleaning up after dinner. Or read to your child as he cleans up! <input type="checkbox"/> 24. At the grocery store, have your child compare two sizes of the same product. Which is the best buy? <input type="checkbox"/> 25. Ask your child to name places where water is found. <input type="checkbox"/> 26. Create a word search by hiding words in a grid and surrounding them with random letters. Let your child find the words. <input type="checkbox"/> 27. Tell your child some family stories as you show her family pictures. <input type="checkbox"/> 28. Ask your child which famous historical person he'd like to be. Why? <input type="checkbox"/> 29. Challenge your child to do a secret good deed for someone. <input type="checkbox"/> 30. Find a kid-friendly recipe. Help your child make it today. |
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Helping Children Learn
Tips Families Can Use to Help Children Do Better in School