## March 6, 2019 <br> Mark Your Calendars

## We hope you have a fun, safe Spring Break!

## Thursday, March $7^{\text {th }}$ to Sunday, March $17^{\text {th }}$ - Spring Break - School will be closed during Spring Break.

Monday, March $18^{\text {th }}$ - First Day of Fourth Quarter - Hawk Way Day and the $1^{\text {st }}$ day of the last quarter of the school year

Friday, March $22^{\text {nd }}$ - House Cup Ceremony - Our House Cup ceremony for the third quarter will be in the gym starting at $1: 45 \mathrm{pm}$.

Please visit our CGIS website at www.maryville-schools.org/cgis to find information regarding all our activities, clubs, school calendar, classroom information, and more.

## Planning for 2019-2020

Thanks to all our current $4^{\text {th }}, 5^{\text {th }}$ and $6^{\text {th }}$ grade families for having conversations with students about elective choices for next school year. We are working to make sure all students have completed the survey and have a few students yet to select their electives due to illness, etc. and we are close to having all the information we need. Parents will be receiving a verification letter with your students' choices from the survey this week. Please review this letter and if your students selections are fine, then no action is required. If you need to make changes, please return the letter with that information to school with your child. These corrections need to be turned in to homeroom teachers by students or provided to the main office.

Our next steps in planning electives for next year involves staff placements in our Academic Success, Applications of Reading Practices (ARP) and Applications of Math Practices (AMP) courses. Our administrative staff and teachers will sharing these placement recommendations and decisions with parents when we return from Spring Break.

## Digital World Information for Parents

It has come to our attention that some of our students, mostly $6^{\text {th }}$ and $7^{\text {th }}$ graders, have learned about and are upset by an internet scare called the MoMo Challenge. You can learn more about it and other similar internet "challenges" from the two articles links below.
https://www.commonsensemedia.org/blog/viral-youtube-challenges-internet-stunts-popular-with-kids
https://www.cnn.com/2019/02/28/health/momo-challenge-youtube-trnd/index.html
We encourage you to talk with your students about this internet scare and online safety. You can always remind your student that if ever he or she feels uncomfortable on-line to immediately leave the site and consult the adult in their immediate care. Inform them of the risks and drawbacks of the internet, while also encouraging the benefits. Don't know where to start? Start HERE at NetSmartz.
https://www.netsmartz.org/internetsafety
Please do not underestimate the importance of your parental supervision of your student's on-line activity. Also, please know that here at CGIS, we continue to partner with parents/guardians to help keep our students safe on-line. Be sure to utilize our Securly Parent Portal to monitor your student's internet activity. For more information on this head to MCS District Securly Page. https://www.maryville-schools.org/central-office/technology/securly

Reminder about Homework Help with Ms. Borstelmann
The last day for Homework Help with Ms. Borstelmann in Room 2082 is Wednesday, March $6^{\text {th }}$. Please note that after Spring Break, she will not be offering this extra assistance for the remainder of this school year.

## After School Art



Georgia O'Keeffe Flowers
Sketch, photograph and paint real flowers on canvas

## Tuesdays March 26, April 2, 9 \& 16 from 2:45PM - 4:00PM

\$40.00 includes snacks
Class filled on a first come first served basis. We will only contact you if the class is full

Return this form and cash or check made out to CGIS to the office or art room.
Name $\qquad$
Grade $\qquad$ Homeroom teacher $\qquad$
Known allergies $\qquad$
$\qquad$ My student has permission to walk across the street to Coulter Nursery
$\qquad$ My student will be picked up promptly at 4 in front of CGIS.
$\qquad$ My student will go to Adventure Club after art.

The phone number I can be reached at during this event is $\qquad$
E-mail $\qquad$
Signed $\qquad$

## Maryville Girls Volleyball for Upcoming Grades 6, 7, and 8 Open Gym and Tryout Information for the Fall 2019 Season

Thank you for your interest in the Maryville Volleyball program. Because we will begin game play very soon after school begins in the fall, tryouts and practices will take place this spring. Please see below for our open gym and tryout schedule and player expectations on the back of this sheet.

Open Gym Schedule for upcoming $6^{\text {th }}, 7^{\text {th }}$, and $8^{\text {th }}$ graders (current $5^{\text {th }}, 6^{\text {th }}$, and $7^{\text {th }}$ graders)
Instruction and practice with skills that will be evaluated during tryouts. Attendance is optional, but highly encouraged.
March 21 (Thursday) @ Coulter Grove Intermediate School - 3:40 p.m. - 5:40 p.m.
March 28 (Thursday) @ Coulter Grove Intermediate School - 3:40 p.m. - 5:40 p.m.
April 1 (Monday) @ Montgomery Ridge Intermediate School - 3:40 p.m. - 5:40 p.m.
April 3 (Wednesday) @ Montgomery Ridge Intermediate School - 3:40 p.m. -5:40 p.m.
Tryouts - April 8 (Monday) @ Maryville Junior High School - 3:45 p.m. - 5:45 p.m.
The first day of tryouts will be April 8, and we will have cuts each day that week until the final teams are selected. Bus transportation is available from the intermediate schools to MJHS if necessary-CGIS students may ride bus \#67 and MRIS students should ride their regular bus or \#75 if not normally a bus rider.

Prospective players will be evaluated on their demonstration of fundamental volleyball skills as well as their overall work ethic, hustle, enthusiasm, and positive attitude. We will select approximately $20-25$ girls, which will make up our Varsity team and Junior Varsity team. Once the teams are finalized, we will begin practicing at Maryville Junior High School in order to prepare for the fall season. Practices will be after school each day from 3:45-5:45 p.m. Athletes participating in MJHS spring sports may join us once their season is complete. Our volleyball season runs from August to October (ending right before Fall break).

If your daughter is interested in participating in the open gym sessions and/or tryouts, please complete the permission form below and have her return it AND the Emergency Treatment form to the coaches the first day she attends. Also, please read the information and expectations on the back of this info sheet. This information is provided so that you can understand the commitment involved in being involved with athletics at the Junior High level and can ensure that your family is able to honor this commitment if your daughter is selected for the MJHS team (player and parents).

Thanks again for your interest in the MJHS volleyball program. If you have further questions, please contact us.

| Kristi Dunkel | Anita Crook |
| :--- | :--- |
| Kristi.Dunkel@maryville-schools.org | Anita.Crook@maryville-schools.org |
| Coulter Grove Intermediate School / 865-982-6345 | Maryville High School / 865-982-1132 |

_ _ _ _ _ Please keep this sheet for reference and return only the permission slip below.

## Student name

Current School
Current Grade
I give permission for my daughter to participate in open gym sessions and/or tryouts for the MJHS volleyball team. She does not have any physical condition that would prohibit her safe participation in these activities. I understand if she makes the team, she must have a physical on file before she may participate in practices and games. Physicals are valid for one year from the date of the physical and should cover the player through October 4. We are also aware of and are able to honor the level of commitment that being part of the MJHS volleyball program involves. (Please also return the Emergency Treatment Form.)

Please list any medical/health information (if applicable):

## Maryville Junior High Volleyball Information for Potential Players

## The following information applies to girls selected for the MJHS Volleyball Team. It is provided in an effort to be clear of what

 the expectations will be if you make the team. If you cannot make these commitments, please do not proceed with tryouts.
## Time Commitment and "Team" Mindset

Being a member of the volleyball team requires a substantial time commitment. Players are expected to attend all practices and games. During spring practice (Apr 15-May 14), we will practice Mon-Thurs from 3:45-5:45pm. In the fall, we will practice Mon-Fri at the same times. Varsity matches (usually 2) will generally be Tuesdays and Thursdays at the Club Unite facility in Knoxville. Junior Varsity matches (usually 2) will be Mondays and Thursdays at the K2 facility. Your placement on the Varsity or JV team will occur at a later date. If there is a conflict with a school-sponsored event/organization, we can work with you to find a compromise. Should there be extenuating circumstances when a player must miss a practice or a match, she should communicate with the coaches as soon as possible. While in season, volleyball should take precedence over any non-school event or team. In addition, players are expected to have a positive, team-oriented attitude and accept whatever role they have during any given situation of a practice or a match-whether it is as a starter, a sub, or supporting/cheering from the bench. "Team" players do whatever it takes to put the team first and individual wants and beliefs second.

## Physicals

Team members may not practice until a completed physical form is turned in to the coaches. Physicals are valid for one year. Keep in mind that walk-in clinics such as Walgreen's and CVS often have longer hours (even weekends) and can allow you to get an appointment on short notice without missing school or practice.

## Summer Workouts, Team Camp, and Practices

Once this school year is over, we will take a break from volleyball for the rest of May and all of June. During this time, all team members should stay active by completing workouts distributed by the coaches. Team members will also be given instructions on skills and drills that can be completed individually at home. Starting in July, we will offer several practice opportunities over the summer. Players are strongly encouraged to attend, but will not be penalized for missing summer practices or camp.

## Required Equipment and Attire

Please do not purchase volleyball equipment until tryouts are completed. When spring practices begin, court shoes (not necessarily volleyball shoes) are required. (Running shoes have too much thickness in the heel and may result in ankle injuries.) Knee pads and ankle braces are the responsibility of each player. Ankle braces will not guarantee that there is never an ankle injury, but they can minimize the injury when it occurs. In the fall, team members will need to purchase a pair of solid black spandex to be worn with the jersey (provided) on game days. It is the responsibility of the players to have all needed items for practices and matches so that all players can begin warm-ups and practices on time and together as a team.

## Participation Fee

There is a participation fee of $\$ 80$ for each player. This fee helps defray the cost of league and tournament fees, officials, various equipment needed throughout the season (volleyballs, nets, etc.), and uniforms.

## I. EMERGENCY TREATMENT

To All Parents:

Since the malpractice question has come to the forefront, many hospitals and doctors will not treat a child without parent's consent (unless a matter of life or death). It is requested that you complete the information below so that if your child requires a visit to the hospital while under the supervision of the school, this will allow the hospital to treat the injury.

## EMERGENCY INFORMATION

Name: $\qquad$ Sport: $\qquad$ Sex: M $\qquad$ F $\qquad$
Grade: $\qquad$ Age: $\qquad$ Date of Birth: $\qquad$
Parent's Name: $\qquad$
Work Address: $\qquad$
Phone Number: $\qquad$
Home Address: $\qquad$
Phone Number: $\qquad$
Another Person to Contact: $\qquad$
Relationship: $\qquad$ Phone Number: $\qquad$
Insurance Name: $\qquad$
Policy and Group Numbers: $\qquad$

## ALLERGIES:

$\qquad$
Consent Statement: Authorizing Treatment
Parent's Signature: $\qquad$
Student's Signature (if over age 18): $\qquad$

## II. PARENT'S CONSENT

I herby give my consent for $\qquad$ to represent (Name of Student)
$\qquad$ in the sport of $\qquad$ (Name of School)

Date: $\qquad$ Signature: $\qquad$

MED-02

# Camp Invention is returning to Maryville City School District! 

In partnership with the National Inventors Hall of Fame ${ }^{\circledR}$ (NIHF), Coulter Grove Intermediate School is pleased to offer the nationally acclaimed Camp Invention ${ }^{\otimes}$ program to children entering kindergarten through sixth grade. It's an exciting, weeklong summer adventure with lessons that explore connections between science, technology, engineering and innovation. Children work together to create solutions to real-world problems and build critical $21^{\text {st }}$-century skills while rotating through several high-energy, hands-on modules. The week begins on June 3, 2019 with Karla West serving as Director of the ALL-NEW 2019 program, Supercharged!

Here are how young innovators will be spending their time:

- Exploring the electrifying relationship between frequency, circuitry, motors and gears through reverse-engineering and rebuilding their very own remote-controlled robot.
- Unearthing hidden fossils then building ships and innovative equipment to embark on a research expedition to uncover more exciting information about their discovery.
- Coding and programming robot, Bot-ANN-E, to take on duties and help turn a polluted wasteland into a fruitful farm and successful business.
- Collaborating with the Innovation Force ${ }^{\circledR}$, a team of NIHF Inventors turned action-packed superheroes, to design superhero gadgets and disguises, explore the fields of engineering and fabrication and take on the sinister villain, the Plagiarizer.

Activities give participants the opportunity to explore, discover and achieve while having fun!
Local educators facilitate program modules and enthusiastic high-school students serve as Leadership Interns, ensuring that one staff member is in place for every eight children.

Register using promo code INNOVATE25L to save $\$ 25$ (expires $3 / 22$ ) or PLAY15LISTING to save $\$ 15$ (expires $5 / 10$ ) OFF $\$ 230$. Every registration includes a complimentary Camp Invention tshirt. Availability is limited, so visit www.invent.org/camp or call 800-968-4332 to secure your child's spot today!

