



November 1, 2019

Mark Your Calendars

Monday, November 4th - **Veteran's Day Concert** - The Veteran's Day Concert will be in the Theater starting at 6:00 pm.

Tuesday, November 5th - **Veteran's Day Concert during School** - There will be an in-school Veteran's Day presentation for all grade levels starting at 8:30 am.

Tuesday, November 5th - **4th & 5th Grade and 6th & 7th Grade Basketball Home Games vs MRIS** - The basketball games starts at 4:30 pm in the CGIS Gym. Please check with your coach on specific details for each game.

Thursday, November 7th - **CGIS Fall Orchestra Concert** - The Orchestra Concert will be at Clayton Center for the Arts starting at 6:30 pm.

Please visit our CGIS website at www.maryville-schools.org/cgis to find information regarding all our activities, clubs, school calendar, classroom information, and more.

Digital Citizenship Announcements Week: Relationship and Communication
10/31/19

Here are a few words of wisdom regarding digital citizenship. This week, we are focusing on Relationships & Communication. For decades, the people living in Roseto, Pennsylvania were living longer than other Americans. People started to research this phenomenon. They decided that Roseto was very close-knit, leading to a sense of brotherhood. This brotherhood was contributing to the longer, healthier lives. Wouldn't it be great for our online communities to have this sense of family and brotherhood? At Maryville City Schools, we recommend reflecting on this Chinese proverb: "When the heart is at ease, the body is healthy." Remember that kindness can make a huge difference in your happiness and health. Spreading kindness is not difficult, and it costs nothing. However, it can change how people feel mentally and physically. Are you putting others' hearts at ease? The kindness you spread in person can also be spread online! The choice is yours.

Cyberbullying and Digital Drama 11/1/19

Here are a few words of wisdom regarding digital citizenship. This week, we are focusing on Cyberbullying & Digital Drama. We hear a lot about morals. Have you ever thought about what it means to have morals? To be a moral person, you have to be able to tell the difference between right and wrong. Most of us know what is right and wrong. We know it's wrong to deliberately hurt others, online or in person, but when others are involved in digital drama, it can be tempting to join in. At Maryville City Schools, we recommend that each person: Reflect on a time you did the right thing, even when it was difficult. Doing the right thing can be difficult. Sometimes it requires great courage to stand up to those who are not doing the right thing. This week, let's tap into that courage and do what's right for ourselves and for others. The kindness you spread in person can also be spread online! The choice is yours.



If you are interested in running in the Turkey Trot on **Sunday, November 24th** at 3:30 pm be aware that the price for registration changes if you register after November 14th from \$30.00 to \$35.00. Please visit the website link below to register.

<https://runsignup.com/Race/TN/Maryville/ClaytonHomesTurkeyTrotforEducation>



Running Club Information - Reindeer Run 5K

The student price for the Reindeer Run until December 2nd is \$20.00. The race will be Sunday, December 8th at 2:00pm. **Register Soon** for the best 2019 Reindeer Run 5K discount on the following website:

<https://runsignup.com/Race/TN/Maryville/2017ReindeerRun>

Coulter Grove Intermediate School

Intramural Program Information 2019-20

We are excited to announce this year's kick-off of our Intramural Sports/Activities program which will take place at CGIS after school. This is a great opportunity for students to be active in a variety of different activities throughout the school year. Students should be prepared with athletic shoes and dressed for the weather conditions (as our activities and games will take place outdoors). If weather does not permit us to be outdoors, we will have alternate indoor activities available. Outstanding sportsmanship is expected and required—it is the HAWK WAY!

Mondays and Wednesdays – 6th and 7th Grades 2:45 p.m. – 3:45 p.m.

Tuesdays and Thursdays – 4th and 5th Grades 2:45 p.m. – 3:45 p.m.

Important Note: In order for us to ensure proper supervision, students who are not picked up by 4 p.m. will be taken to the front office or Adventure Club (which is located in the back of the school).

Tentative Schedule and Activities for the first half of the Intramurals sessions:

<i>Nov 4-7; Nov 11-14</i>	<i>Miscellaneous Active Games (9 Square, Gaga, etc.)</i>
<i>Nov 18-21 No session on Nov 25</i>	<i>Ultimate Bacon</i>
<i>Nov 26; Dec 2-5; Dec 9-12</i>	<i>Basketball</i>
<i>Dec 16-19</i>	<i>Miscellaneous Active Games (Kickball, Castleball, Gaga)</i>
<i>Jan 7-9; Jan 13-16</i>	<i>Volleyball</i>
<i>Jan 21-23; Jan 27-30; Feb 3</i>	<i>Pickleball; Ping Pong</i>

Please return this permission slip portion to Coach Dunkel or Coach Tallent and then students may attend after school Intramurals for any activity they wish.

_____	_____	_____
Student name	Grade	Parent/Guardian Signature

I give permission for my child to participate in the Intramural program at CGIS. I will pick up my child promptly at 3:45 p.m. (After 4 p.m., students wait in the front office or Adventure Club for pick-up.)

_____	_____
Emergency contact numbers	E-mail address

Please list any medical/health information (if applicable): _____
